

Sesame Street

for Military Families

Transitions

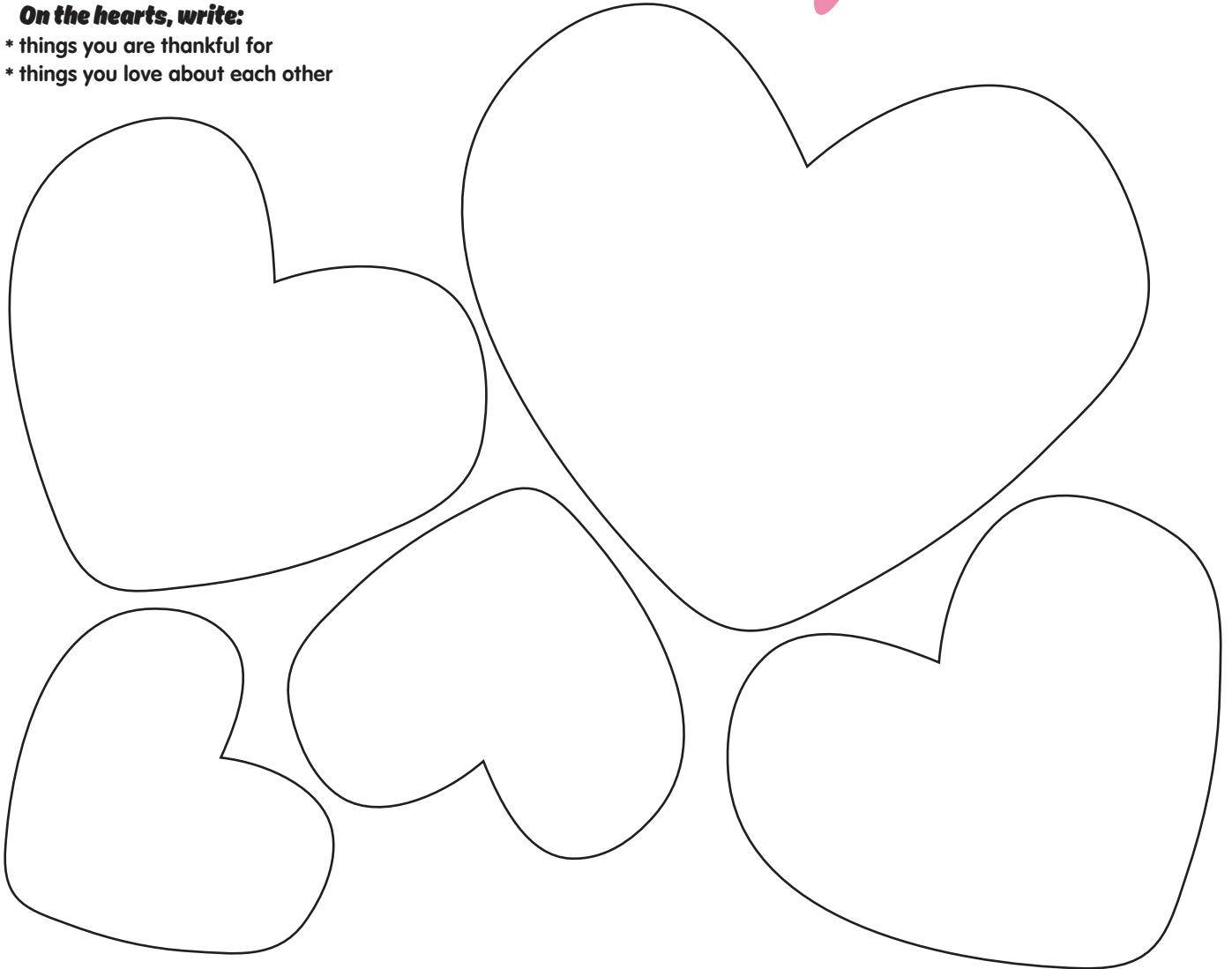
Thankful HEARTS

Sit with your mom or dad and a pencil and markers or crayons. Take turns writing on these hearts. Then decorate or color them in any way you like.



On the hearts, write:

- * things you are thankful for
- * things you love about each other



Try This!

Pocketful of Hearts Have a parent help you cut out more hearts from a separate sheet of paper, and then do the same thing you did above. Then you and your parents can keep them in your pockets to remind you throughout the day...wherever you are!



Sesamestreet.org/veterans

Major support provided by:

